

Maximising Resilience & Gentle Detoxification

with **Tabitha McIntosh**
Naturopath & Nutritionist

Join us each month to learn the latest in Nutritional and Integrative Healthcare for the whole family.

Get the **Answers** for:

ADHD, allergies, anxiety, asthma, autism, autoimmune conditions, chronic fatigue, depression, digestive issues, infections, learning and language delay and a range of brain-immuno-gut conditions

Tabitha McIntosh

Danielle Shirley

Creating Healthy Homes to Thrive

with **Danielle Shirley**

Pharmacist & Herbalist (The Herbal Pharmacist)
of **Naturally Home**

**DISCOVER
CONNECT
BE INSPIRED**